Nursery Menu 2018/19



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	Monday	Tuesday	Wednesday	Thursday	Friday	PERTH KINRO COUNC
Week 1 30 April 28 May 25 June 20 August 17 September 15 October 12 November 10 December 7 January 4 February 4 March	Creamy Chicken Pie Tomato Pasta (V) Cheese Sandwich (V) Diced Potatoes Carrots Strawberry & Vanilla Mouse, Peach Slices (S/S) Fruit Crumble & Custard (A/W)	Lentil Soup (V) Fruit Selection Chinese Chicken Curry Homemade Salmon Fishcake Ham Roll Boiled Potatoes Rice Peas	Cottage Pie Macaroni Cheese (V) Tuna Mayo Sandwich New Potatoes Garlic & Herb Bread Broccoli Tiffin with Sliced Banana	Veggie Sticks & Dip Fruit Selection Baked Potato with Tuna Vegetable Curry (V) Hummus & Red Pepper Wrap (V) Rice Mixed Vegetables	Fish Fingers Chinese-Style Rice with Mushrooms (V) Turkey Sandwich Boiled Potatoes Sweetcorn Banana & Chocolate Sponge with Mandarins & Custard Sauce	
Week 2 7 May 4 June 27 August 24 September 22 October 19 November 17 December 14 January 11 February 11 March	Savoury Rice with Chicken Quorn Cottage Pie (V) Tuna Mayo Sandwich Diced Potatoes Peas Shortbread with Pear Slices	Pork Meatballs in Tomato Sauce Chickpea Potato Cake (V) Cheese Sandwich Boiled Potatoes Pasta Sweetcorn Frozen Yoghurt with Peaches (S/S) Rice Pudding with Peaches (A/W)	Leek & Potato Soup (V) Fruit Selection Steak Casserole Cheese & Tomato Pizza (V) Turkey Sandwich Mashed Potatoes Pasta Carrots	Roast Beef, Gravy with Yorkshire Pudding Macaroni Cheese (V) Ham Sandwich Roast Potatoes Broccoli Chocolate Sponge with Mandarins Custard Sauce	Breadsticks & Dip Fruit Selection Homemade Salmon Fishcake Vegetable Noodles (V) Chicken Mayo Roll Boiled Potatoes Mixed Vegetables	Daily Choice Salad Bar Bread Basket Cool Fruit Yoghurt Fresh Fruit Bowl Milk or Water
Week 3 16 April 14 May 11 June 3 September 1 October 29 October 26 November 21 January 18 February 18 March	Chicken Casserole Quorn Tortilla Lasagne (V) Cheese Sandwich (V) New Potatoes Rice Green Beans to lice Cream with Berries	Tomato Soup Fruit Selection Chicken Curry Vegetable Omelette (V) Roast Beef Sandwich Diced Potatoes Rice Sweetcorn	Sausages Broccoli Pasta Bake (V) Tuna Mayo Sandwich Boiled Potatoes Mixed Vegetables Chocolate Brownie with Sliced Banana	Melon & Grape Vegetable Sticks Minced Beef Vegetable Bean Burger in a Bun (V) Ham Sandwich Mashed Potatoes Pasta Broccoli	Homemade Salmon Fishcake Tomato Pasta (V) Turkey Sandwich Diced Potatoes Peas Oat & Apple Muffin with Apple Slices	(A/W) = Autumn/Winter (S/S) = Spring/Summer
Week 4 23 April 21 May 18 June 13 August 10 September 5 November 3 December 28 January 25 February 25 March	Sweet & Sour Chicken Salmon Pasta Bake Cheese Sandwich (V) Boiled Potatoes Rice Carrots Frozen Yoghurt with Mandarins (S/S) Semolina with Mandarins (A/W)	Chicken, Gravy with Yorkshire Pudding Macaroni Cheese (V) Turkey Sandwich Mashed Potatoes Broccoli Jelly & Fruit	Lentil Soup (V) Fruit Selection Steak Pie Vegetable & Rice Curry (V) Ham Sandwich New Potatoes Mixed Vegetables	Spaghetti Bolognese Vegetable Omelette (V) Tuna Mayo Sandwich Pasta Peas Golden Crunch with Orange Segments	Baked Potato with Tuna Mayo Quorn Chilli (V) Chicken Sandwich Couscous Rice Sweetcorn Cheese & Crackers with Sliced Grapes	



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